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STORIES
AND
CASE DISCUSSION
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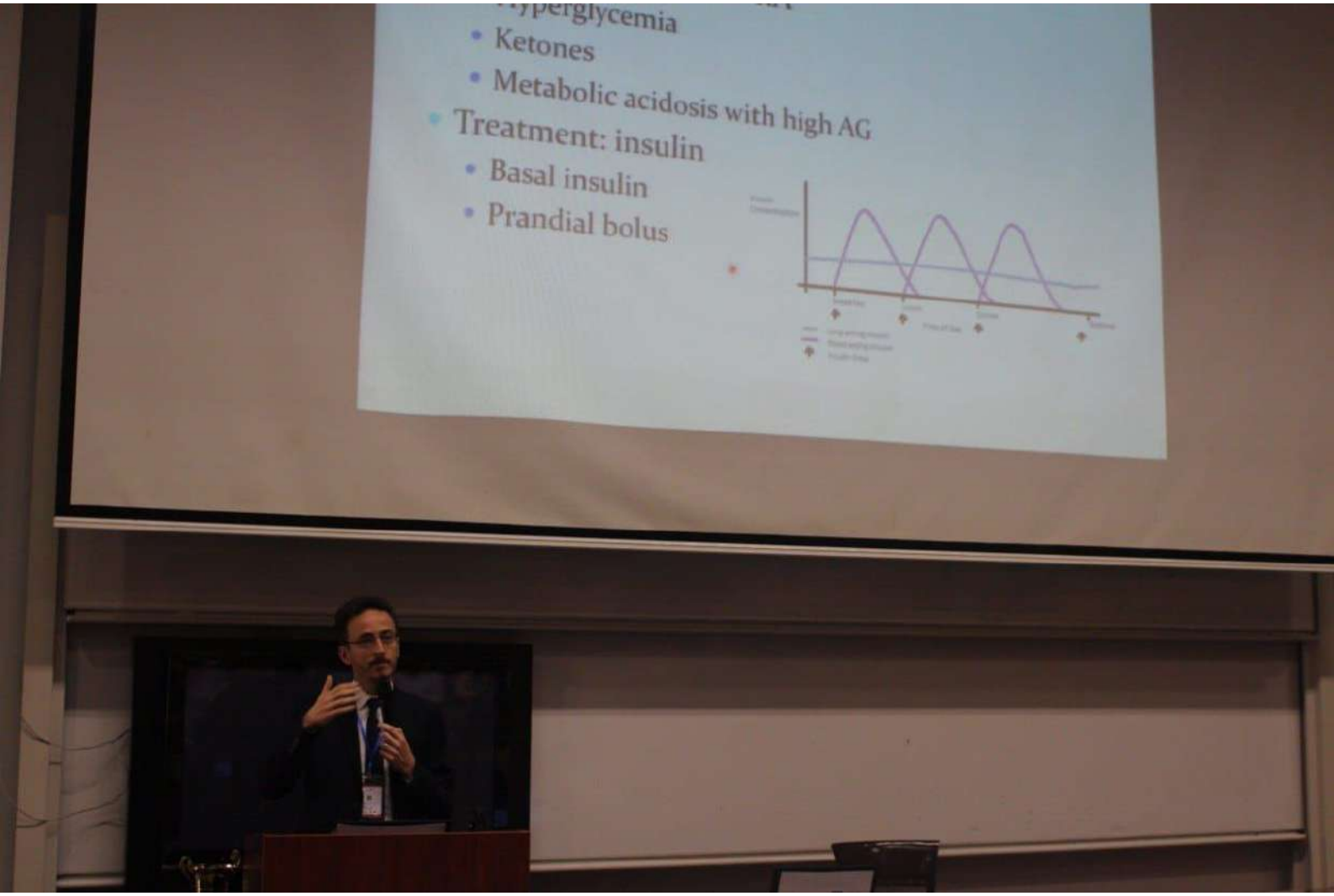
Hyperglycemia
Ketones
Metabolic acidosis with high AG
Treatment: insulin
Basal insulin
Prandial bolus


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Resilient Mediterranean Health
نهج مجتمعي من أجل صحة متينة في
منطقة البحر الأبيض المتوسط
Meyer
ICU
Servei de Salut
Atenció Primària de Mallorca


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نهج مجتمعي من أجل صحة متينة في منطقة البحر الأبيض المتوسط
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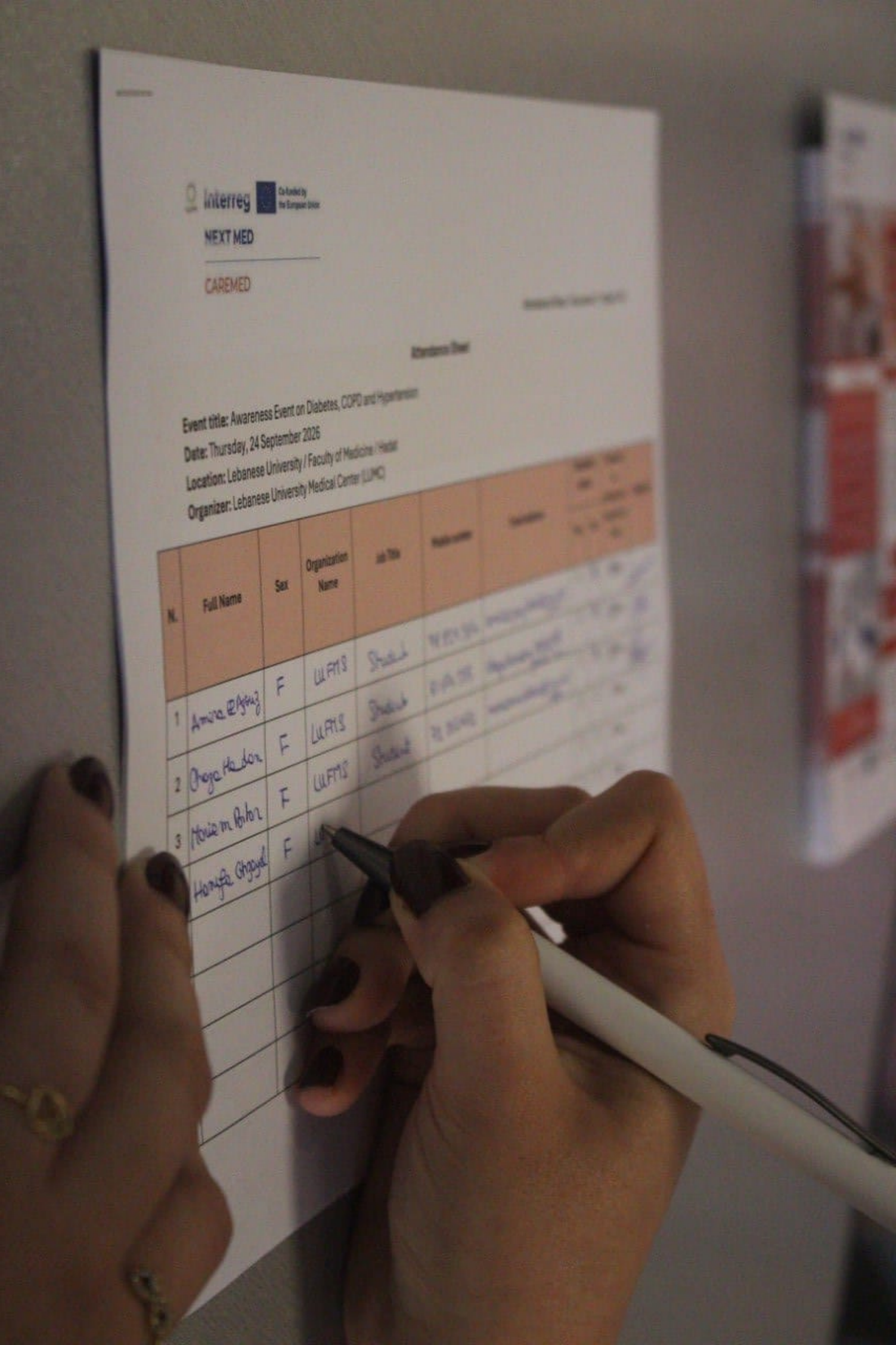
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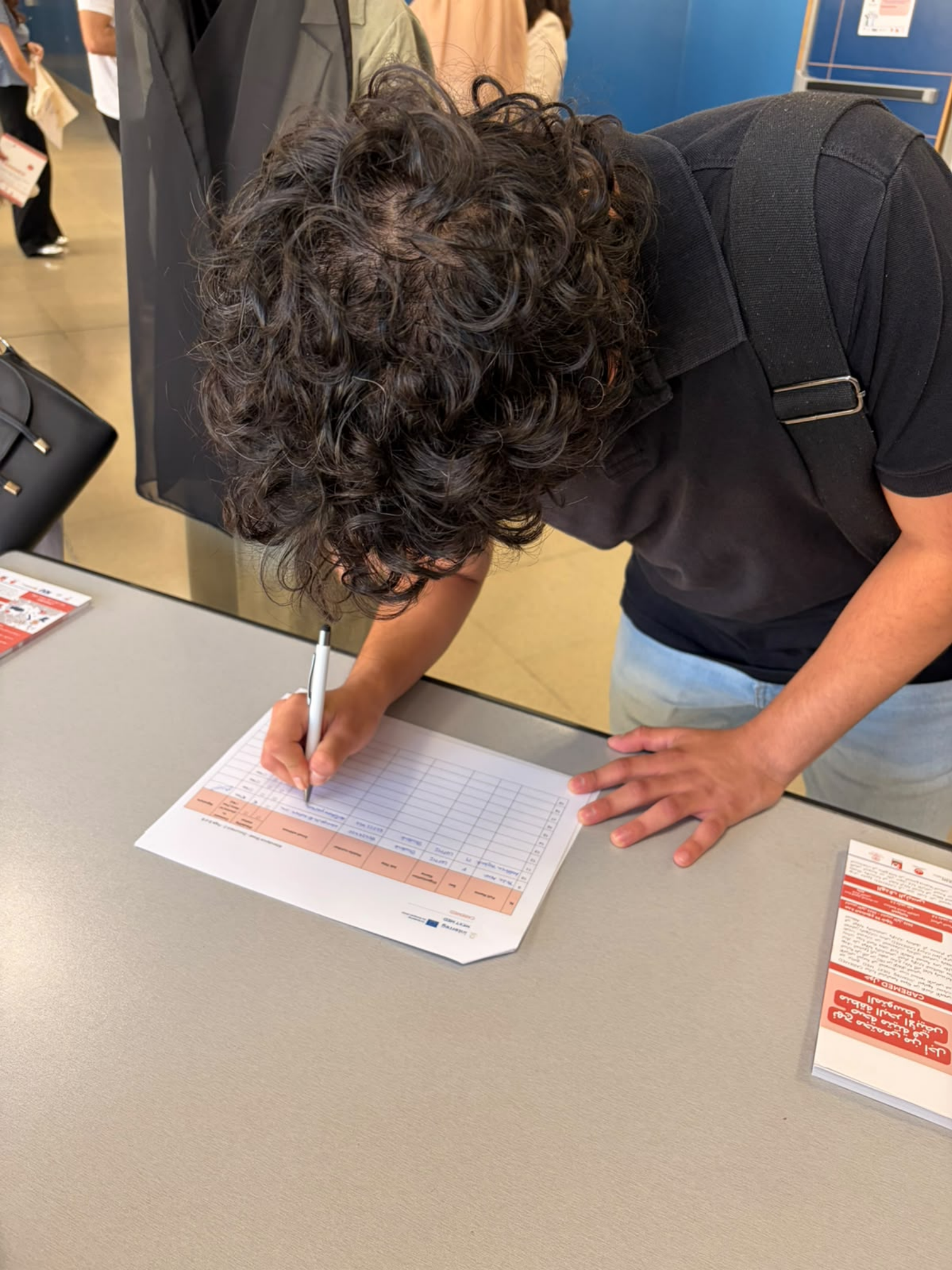
Event title: Awareness Event on Diabetes, COPD and Hypertension
Date: Thursday, 24 September 2026
Location: Lebanese University / Faculty of Medicine / Hadat
Organizer: Lebanese University Medical Center (LUMC)
N.
Full Name
Sex
Organization Name
Job Title
F
LUFHS
Student



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its goal is to build a more equitable, resilient, and sustainable Mediterranean healthcare system.
Total budget
€ 2.8M
EU contribution
€ 2.4M (89%)
Project duration
36 months
10/2025 - 10/2028
Geographic coverage: Italy - Spain - Tunisia - Lebanon - Türkiye
PARTNERS:
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على القليلة ٣٠ دقيقة ٥ أيام بالأسبوع
وتعملوا الرياضة المناسبة إلكن، على قد ما بتقدروا
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الرياضة بتقدر كمان تكون
جزء من الحياة اليومية
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Learning Objectives
Epidemiology
Define hypertension and classification
Measure BP accurately
Recognize cardiovascular risk factors
EVALUATION & TARGET-ORGAN DAMAGE
Assess target-organ damage
Choose lifestyle and pharmacological treatment
Patient Education & Follow-Up Plan
Conclusion & Key Take aways
Take-Home Messages
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PATIENT STORIES
AND
CASE DISCUSSION
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